SMARTTRACT

LUMA LIGHT

RED LIGHT + HEAT THERAPY



USER MANUAL

Read before first use and keep for reference

QUICK START

Charge the device fully before first use. Read the heating precautions before placing the pad on your body.

CONTROLS

Light	Sun symbol. Five modes: Low, Medium, High, Blink and Pulse.
Heat	Flame symbol. Five levels: 35, 40, 45, 50 and 55°C.

BASIC USE

- Place the pad comfortably over the intended area without folding it.
- With the device switched on, press Light to choose a mode and Heat to choose a temperature. Start at 35°C.
- The session timer stops operation after 30 minutes. This is an automatic shutoff, not a recommended exposure time for every heat level.
- Check your skin frequently and stop immediately if the pad feels too hot.
- Allow the product to cool before storing or charging.

LIGHT LEVELS AND MODES

Press the Light button, marked with the sun symbol, to cycle through these five settings in order.

1 LOW

Low light intensity.

2 MEDIUM

Medium light intensity.

3 HIGH

High light intensity.

4 BLINK

Blinking light mode.

5 PULSE

Pulsing light mode.

LIGHT AND HEAT CONTROLS

Use the sun button for light settings and the flame button for temperature settings. See the next page for the five heat levels and heat precautions.

FIVE HEAT LEVELS

Press the Heat button, marked with the flame symbol, to cycle through the five temperature settings.

Level 1	**35°C / 95°F**
Level 2	**40°C / 104°F**
Level 3	**45°C / 113°F**
Level 4	**50°C / 122°F**
Level 5	**55°C / 131°F**

These are device settings, not guaranteed skin temperatures. Start at the lowest setting; higher is not necessarily better.

WARNING HEAT CAN BURN SKIN

Do not place the pad directly against bare skin at 50°C or 55°C. Follow manufacturer-approved skin-contact and exposure limits. A 30-minute shutoff does not make every setting safe for 30 minutes.

Check skin frequently. Stop immediately for excessive heat, pain, numbness or skin changes. Never use while sleeping.

CHARGING AND BATTERY

CHARGING INDICATORS

- Charging: the battery indicator shows charging status.
- Fully charged: the battery indicator appears full.
- Low battery: charge the device before the next session.

HOW TO CHARGE

- Turn the device off.
- Connect the supplied charging cable to the charging port, then to a compatible USB power source.
- Place the product on a dry, heat-resistant surface while charging.
- Disconnect the cable when charging is complete. Typical charge time is about 2 hours.

BATTERY CARE

A full charge provides up to approximately 3 hours of total use, depending on settings and conditions. Do not use the device while charging. Recharge at least once every three months during storage.

PRODUCT SPECIFICATIONS

Product	SmartTract Luma Light
Functions	Light and heat
Light settings	Low, Medium, High, Blink, Pulse
Session timer	30 minutes
Heat settings	35°C, 40°C, 45°C, 50°C, 55°C
Operating time	Up to approx. 3 hours per charge
Charging time	Approx. 2 hours
Power	Rechargeable battery
Use	Personal, non-medical wellness use

Specifications are subject to minor production updates. Refer to the product label for electrical ratings applicable to your unit.

IMPORTANT SAFETY

- Read all instructions before use. This is a non-medical wellness product and is not intended to diagnose, treat, cure or prevent any disease.
- Do not use on broken, irritated, infected, numb or insensitive skin, or where sensation is reduced.
- Do not use while sleeping, under heavy bedding, near water, or where heat cannot escape.
- Do not use if the device, cable or battery appears damaged, swollen, unusually hot or wet.
- Keep away from children and pets. This product is not a toy.
- Do not puncture, crush, fold sharply, disassemble or modify the product.
- People who are pregnant, have circulation or sensory conditions, use implanted electronic devices, or are under medical care should ask a qualified healthcare professional before use.
- Stop immediately if discomfort or an unexpected skin reaction occurs. Seek medical advice if symptoms persist.

CLEANING STORAGE AND SUPPORT

CLEANING

- Turn off and disconnect the charging cable before cleaning.
- Wipe gently with a soft cloth lightly dampened with water. Do not soak, rinse or immerse.
- Do not use bleach, solvents, abrasive cleaners or alcohol directly on the product.
- Allow the device to dry completely before use or storage.

STORAGE

Store flat in a cool, dry place away from direct sunlight, sharp objects and excessive heat. Do not place heavy objects on the pad or sharply bend the cable.

SUPPORT

For assistance, warranty questions or replacement accessories, visit:

www.smarttract.com

